

# THREE STEPS TO HELP YOUR CHILD SETTLE INTO NURSERY!

#### Talk to your child about going to nursery

Use the book to look at the photographs and talk about what they might be doing each day.

Use their new teachers' names or the names of any other children you may know are also starting.

Over the summer why not take a walk or drive to the nursery!

#### Support your child to be independent

Encourage them to put on their coat and shoes, use the toilet, roll up their sleeves and wash their hands etc.

Acknowledge that your child might be nervous or anxious about starting nursery. Reassure them and be positive about their new adventure even if you are worried too!

### Establish a good, everyday routine

It will be important that your child has a good bedtime routine for starting so they are ready to play and have fun each day!

Spend time reading stories and singing songs and rhymes or doing arts and crafts.

You can speak to your child's teacher if you are worried or concerned about anything. It is important that you work together to ensure your child has a great pre-school experience.



# TO YOUR NEW NURSERY SCHOOL!



Your new **TEACHERS** are really friendly.

They are very **PLEASED** you are coming to play with them!

This is where you will hang your coat and **BAG** every day.

You will have your very own **SPECIAL** peg!



In your new

PLAYROOM there are
lots of new toys for
you to play with and
lots for you to do!

There are lots of building toys like **BLOCKS**.

There is sand and water for you to dig and **SPLASH**.

There will be **PAINTING**, sticking and modelling for you to enjoy.



This is where you will hear all the **EXCITING STORIES** your teachers will read.

You will also **SiNG** songs with your friends.

This is where you will sit and have snack with your **FRIENDS!** 

There will be lots of **YUMMY THINGS TO EAT** at your new nursery.











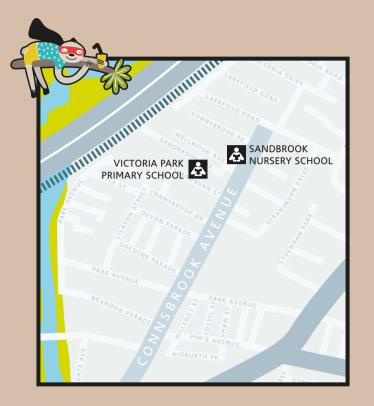
This is where you will play OUTSIDE.

It looks great FUN!

There is a **HOUSE** a climbing **FRAME** and a **SWING**.



These are the **TOILETS** you can use whenever you need them and the **SINKS** that you can use to wash your **HANDS**.





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